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FOLLOW



#INCLUDEDPROJECT
#SEXEDUCATION
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INcluded

RAISING AWARENESS ON SEXUALITY
AMONG STUDENTS WITH DISABILITIES,
THEIR FAMILIES AND TEACHERS

INCLUSIVE
SEX EDUCATION
THROUGH CREATIVE METHODS



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WHILE THE BENEFIT OF COMPREHENSIVE SEX EDUCATION (CSE) HAS BEEN WIDELY DEMONSTRATED, ACCORDING TO UNESCO THERE IS LIMITED INFORMATION ON THE IMPACT OF CSE CURRICULA ON GROUPS AT RISK OF MARGINALISATION, INCLUDING YOUNG PEOPLE WITH PHYSICAL AND/OR COGNITIVE DISABILITIES, AND SUITABLE AND EFFECTIVE METHODOLOGIES FOR THIS TARGET GROUP SHOULD BE FURTHER INVESTIGATED.

The outbreak of COVID-19 impacted the sexual education of intellectually disabled teenagers in a variety of ways, making this project particularly timely: as a matter of fact, by closing schools, sexuality education is receiving less or no attention throughout the world. If there is an opportunity to take classes online at home, sexual education is often not a priority.

THE PROJECT

INCLUDED aims to design and implement an inclusive sexual education curriculum for high-school students and a model to foster a whole-school approach to sexual education, both based on student-friendly theatrical techniques.

Indeed, the use of creative methods such as role-playing and theatre games have proven to be effective in educating young people and even more with young people with intellectual disabilities, while critical pedagogy and pedagogy of the oppressed approaches can be effectively used in fostering dialogical relationships within groups.

On the other hand, the INCLUDED project, being mostly focused on providing teachers the instruments, tools and skills to deliver the sexual education curriculum will also contribute to upskill them and expand their knowledge and capacity in relation to this topic.

THE CONSORTIUM WILL DESIGN AND DELIVER:

- 1** A curricular training programme for students, aimed to support teenage students, including those with intellectual disabilities, to effectively achieve the core learning-outcomes of sexual education (according to WHO standards).
- 2** An e-course for teachers, which will support teachers and school staff to be able to apply current practices in sexual education for their students through creative methods.
- 3** A methodological guide for families, aimed to be able to engage parents and caretakers' active cooperation in the sex-ed programme for students in accordance to WHO policy recommendations.
- 4** Policy guidelines and detailed roadmap based on the experience in each partner country of how to implement creative whole-school approach to holistic and positive sex-ed, aimed at school authorities and policy makers.

